



### Items included in Care Bag for families in the hospital (long –term):

Note: Per hospital policy, all items must be new and unused.



- ❑ Two pocket, 3 prong folder
- ❑ Spiral notebook
- ❑ 2 pens
- ❑ 2 pairs of adult size flip flops
- ❑ disposable camera
- ❑ calling card
- ❑ blanket
- ❑ 2 travel size conditioners
- ❑ 2 bars of soap
- ❑ 2 travel size deodorants (1 men's, 1 women's)
- ❑ 2 tubes of lip balm
- ❑ 2 travel size lotion bottles
- ❑ 2 travel size packs of Kleenex
- ❑ 2 travel size bottles of Purell
- ❑ 1 bag in which to put everything

- ❑ 2 packs of gum
- ❑ laundry detergent/fabric softener for 2 loads
- ❑ 2 ziplock bags (1 gallon size – holds the toiletries)
- ❑ 2 toothbrushes
- ❑ 2 travel size tubes of toothpaste
- ❑ 2 travel size shampoos



### Items included in overnight bag for families in hospital (short –term):

- ❑ 1 travel size shampoo
- ❑ 1 travel size conditioner
- ❑ 1 toothbrush
- ❑ 1 travel size toothpaste
- ❑ 1 travel size deodorant
- ❑ 1 travel size soap
- ❑ 1 pack of gum

